

PATROL NAME: _____ **TROOP #** _____

NORTH VALLEY DISTRICT 2008 FIRST AID MEET

CPR PROCEDURE

Scenario: While at Eagle Lake, Cub Scouts are called for a buddy check. One Cub Scout can not find his 7 year old buddy. After a quick check by the Boy Scout lifeguards, the Cub Scout is found submerged in the shallow end of the lake. The Cub Scout is pulled from the lake unconscious and blue.

Though the patrol has a cell phone available, there is no reception. The closest phone is about three minutes away at the parking lot.

The Patrol Leader must give a detailed step by step procedure of what the patrol is doing. CPR is to be demonstrated but not actually performed.

Only the patrol leader and the Scouts that go for help may speak to the judge.

ACTION TAKEN	POSSIBLE POINTS	POINTS EARNED
GOING FOR HELP	5 Max pts	
1. Patrol sends two Scouts to call for help	5	
CALLING FOR HELP	30 Max pts	
1. The Scout calls 911	5	
2. The Scout tells what happened		
a. A 7 year old Cub Scout	5	
b. A drowning situation	5	
3. The Scout gives location as Eagle Lake	5	
4. The Scout explains what is being done – CPR in progress	5	
5. The Scout hangs up last, when judge says OK	5	
CPR PROCEDURE	70 Max pts	
1. The patient's airway is opened using head tilt, chin lift technique	10	
2. The airway is checked using look, listen, feel technique	15	
3. CPR is done		
a. A ratio of 30 compressions and 2 Breaths (Judge should ask the patrol leader the ratio)	10	
b. Proper hand placement-between the nipple line	15	
c. Chest compression depth of 1" to 1½" (Judge should ask the patrol leader the depth-any answer between 1" and 2" is acceptable)	5	

4. The judge should ask the patrol leader <i>"give three examples when CPR can be stopped."</i>		
a. When the rescuer is too exhausted to continue	5	
b. When the situation becomes too dangerous to continue and the patient can not be moved	5	
c. When relieved by EMS personnel or by a more trained person(s)	5	
RECOVERY POSITION	15 Max pts	
1. The judge tells patrol to stop and place the patient in the recovery position.		
a. The patient is placed on his side with the bottom leg bent back for balance.	5	
b. The patrol continues to check patient	5	
c. The patient is covered with a blanket	5	
TOTAL POINTS	120	

JUDGE'S NAME (PRINT): _____

JUDGE'S SIGNATURE: _____

JUDGE'S AFFILIATION: _____