PATROL NAME:	TROOP #	



## NORTH VALLEY DISTRICT 2009 FIRST AID MEET

## **Heat Exhaustion & Bee Sting Scenario**

Scenario: On an 85° June day, the scouts in the troop are at 2<sup>nd</sup> Class Park playing soccer, while the unit leaders are having a meeting inside the park's scout building. The patrol leader notices a scout with a lack of energy and sweating profusely. The patrol leader knows the scout did not drink a lot of water and approaches the scout. The scout states he is weak and has a slight headache. The scout's skin is cool, pale, and moist and he has a rapid pulse.

The patrol leader sends another scout to get something to drink and ice. While getting it, the scout is stung by a wasp on the top of his right hand. The scout has no known allergies to bee stings. The stinger is still embedded.

ACTION TAKEN	POSSIBLE POINTS	POINTS EARNED
GOING FOR HELP	5 Max pts	
Patrol sends two Scouts to get help from the leaders	5	
(if only 1 scout goes, then 3 points)		
CALLING FOR HELP	25 Max pts	
The Scout tells what happened		
a. A scout has possible heat exhaustion (can give	5	
symptoms or what the incident is)		
b. A 2 <sup>nd</sup> scout has been stung on the top of his right	5	
hand		
2. The Scout explains what is being done		
<ul> <li>a. The scout is being rehydrated and cooled</li> </ul>	5	
c. The wasp stinger is being removed & ice is being	5	
applied.		
<ol><li>The scouts escort the leaders to the incident</li></ol>	5	
HEAT EXHAUSTION TREATMENT PROCEDURE	55 Max pts	
<ol> <li>Place victim in the shade, air conditioned building or</li> </ol>	10	
vehicle.		
Encourage the scout to drink small amounts of fluids	20	
(cool water or sports drink—no soda)		
3. Apply water to skin (cool wet towels)	5	
4. Fan the victim	5	
5. Raise the legs	5	
Have scout rest for remainder of day	5	
7. Monitor the patient	5	

BEE STING TREATMENT PROCEDURE	25 Max pts	
Remove stinger-scrape it away carefully with a	5	
fingernail or a credit card (or similar type of plastic card)		
2. Apply ice to affected area (bee sting swab may	10	
also be used in place of or in addition to ice)		
3. The top of the victim's right hand was treated	5	
4. Monitor the patient	5	
TOTAL POINTS	110	

JUDGE'S NAME (PRINT):	
JUDGE'S SIGNATURE:	
JUDGE'S AFFILIATION:	