

PATROL NAME: _____ TROOP # _____

PATROL LEADER'S NAME: _____

SCORE: _____ of out 52



NORTH VALLEY DISTRICT 2012 FIRST AID MEET FIRST AID TEST

Write the answer in the space provided & circle the correct answer (2 pts each).

C 1. Which of the following is usually NOT the cause of a puncture wound?

- A. Gun Shot
- B. Pins or needles
- C. Razor blades
- D. Splinters
- E. Fish Hook

2. Added in the contact list of many cell phones, what does the acronym ICE stand for?

IN CASE OF EMERGENCY

D 3. How long should you wash your hands for?

- A. 5 to 10 seconds
- B. 2 to 3 minutes
- C. 45 to 55 seconds
- D. 15 to 20 seconds
- E. at least 1 hour

A 4. A strain occurs when _____ are overstretched.

- A. Muscles
- B. Nerves
- C. Ligaments
- D. Veins
- E. Arteries

F 5. True or False: A hot spot is a sign that a blister has completely healed.

F 6. True or False: You should never treat an accident victim for shock.

T 7. True or False: A brown recluse spider is known by its distinctive fiddle marking.

F 8. True or False: Hypothermia can only occur in the winter.

F 9. True or False: A heart attack and a cardiac arrest are the same thing.

- _D_** 10. To remove a tick, do one of the following:
A. Use the heat from a match to force the tick out.
B. Use petroleum jelly and smother the tick to force it out.
C. Use a credit card and scrape it off.
D. Use tweezers to grasp the tick and gently pull it out.
- _D_** 11. Cause(s) of anaphylactic shock may include:
A. Peanuts
B. Latex
C. Jellyfish Stings
D. All of the above
- _F_** 12. True or False: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.
- _F_** 13. True or False: Tourniquets should never be used and Scouts should not learn how to make and use them.

For #14 & 15 Match the letter with the appropriate number

- | | |
|--------------------------------|--|
| _B_ 14. Closed Fracture | A. Compound Fracture (bone sticks out) |
| _A_ 15. Open Fracture | B. Simple Fracture (bone does not stick out) |

For #16-18 Match the letter with the appropriate number

- | | |
|--|---------------------------|
| _A_ 16. 1 st Degree burn | A. Superficial Burn |
| _B_ 17. 2 nd Degree burn | B. Partial-Thickness Burn |
| _C_ 18. 3 rd Degree burn | C. Full-Thickness Burn |

- _D_** 19. The ditty "red and black-friendly jack; red and yellow-deadly fellow" refers to which snake?
A. Cottonmouth moccasin
B. Copperhead
C. Eastern Rattlesnake
D. Coral Snake
- _D_** 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, and dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
A. Heat Stroke
B. Heart Attack
C. Hypothermia
D. Heat Exhaustion
- _C_** 21. An example of an abrasion is:
A. A black and blue mark
B. A pulled muscle
C. A brush burn or scrape
D. A partial amputation

- C 22. An AED (Automated External Defibrillator) is a tool that is used for:
- A. Opening a victim's airway
 - B. Removing splinters and other foreign bodies from a person
 - C. Restarting the heart of a patient who is in ventricular fibrillation
 - D. Opening car doors that have been smashed in an accident.
- C 23. A sphygmomanometer is a device used to get a patient's
- A. Pulse
 - B. Respirations
 - C. Blood Pressure
 - D. Blood sugar level
- D 24. The emblem used to identify ambulances prior to 1973 was
- A. A blue cross
 - B. A red cross
 - C. A green cross
 - D. A safety orange cross
 - E. A purple cross
 - F. A flying eagle
- T 25. TRUE OR FALSE: Gerald R. Ford was the only Eagle Scout to become U.S. President.
- E 26. Which of the following are true about Gerald R. Ford
- A. Became U.S. President without ever being elected as President or Vice-President.
 - B. An Eagle Scout
 - C. Had served the shortest time of any President having not died in office.
 - D. Earned the Distinguished Eagle Scout Award
 - E. All of the Above

TIE BREAKER QUESTIONS

In the event of a Tie in the top 5, the following questions will be used as a Tiebreaker.

What do the following acronyms mean?

CPR	<u>Cardiopulmonary Resuscitation</u>
AED	<u>Automated External Defibrillator</u>
EMS	<u>Emergency Medical Service(s)</u>
SAR	<u>Search and Rescue</u>