**PATROL NAME: _____ TROOP #_____**
**PATROL LEADER'S NAME: _____**
**SCORE: _____ out of 80**

# LEHIGH DISTRICT 2023 FIRST AID MEET FIRST AID TEST

**Write the answer in the space provided & circle the correct answer (2 pts each).**

___ 1. Which of the following is usually NOT the cause of a puncture wound?
A. Gun Shot
B. Pins or needles
**C. Razor blades**
D. Splinters
E. Fish Hook

2. Added in the contact list of many cell phones, what does the acronym ICE stand for? **IN CASE OF EMERGENCY**

___ 3. How long should you wash your hands?
A. 5 to 10 seconds
B. 2 to 3 minutes
C. 45 to 55 seconds
**D. 15 to 20 seconds**
E. at least 1 hour

___ 4. A strain occurs when _____ are overstretched.
**A. Muscles**
B. Nerves
C. Ligaments
D. Veins
E. Arteries

___ 5. **True** or False: A hot spot is a sign that a blister may be forming.

___ 6. **True** or False: You should treat all accident victims for shock.

___ 7. **True** or False: A brown recluse spider is known by its distinctive fiddle marking.

___ 8. True or **False**: Hypothermia can only occur in the winter.

___ 9. True or **False**: A heart attack and a cardiac arrest are the same thing.

___ 10. Cause(s) of anaphylactic shock may include:

A. Peanuts
B. Latex
C. Jellyfish Stings
**D. All of the above**

___ 11. True or **False**: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.

___ 12. To remove a tick, do one of the following:
A. Use the heat from a match to force the tick out.
B. Use petroleum jelly and smother the tick to force it out.
C. Use a credit card and scrape it off.
**D. Use tweezers to grasp the tick and gently pull it out.**
E. All of the above

.

___ 13. True or **False**: Tourniquets should never be used and Scouts should not learn how to make and use them.

**For #14 & 15 Match the letter with the appropriate number**

**_B_** 14. Closed Fracture — A. Compound Fracture (bone sticks out)

**_A_** 15. Open Fracture — B. Simple Fracture (bone does not stick out)

**For #16-18 Match the letter with the appropriate number**

**_A_** 16. 1st Degree burn — A. Superficial Burn

**_B_** 17. 2nd Degree burn — B. Partial-Thickness Burn

**_C_** 18. 3rd Degree burn — C. Full-Thickness Burn

___ 19. The ditty “red and black-friendly jack; red and yellow-deadly fellow” refers to which snake?
A. Cottonmouth moccasin
B. Copperhead
C. Eastern Rattlesnake
**D. Coral Snake**

___ 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, and dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
A. Food Poisoning
B. Heart Attack
C. Hypothermia
**D. Heat Exhaustion**

___ 21. An example of an abrasion is:
A. A black and blue mark
B. A pulled muscle
**C. A cut or scrape**
D. A partial amputation

___ 22. An AED (Automated External Defibrillator) is a tool that is used for:

A. Opening a victim's airway
B. Removing splinters and other foreign bodies from a person
**C. Restarting the heart of a patient who is in ventricular fibrillation**
D. Opening car doors that have been smashed in an accident.

___ 23. While hiking, someone suffers a minor ankle sprain. You should……. (Page 40 First Aid MBP)
A. Remove the boot immediately and check for swelling.
**B. Reinforce the ankle by wrapping it, boot and all.**
C. Tell them that they just need to suck it up and continue.
D. Request immediate evacuation.

___ 24. The act of quickly checking each victim for injuries or symptoms of illness and then determining how best to use available first aid resources. (Page 14 First Aid MBP)
A. Treatment
**B. Triage**
C. Separation
D. Organization

___ 25. You should treat every accident victim… (Page 17 First Aid MBP)
A. As if nothing is wrong with them.
B. As a person who will sue you.
C. As if they have the worst possible injuries.
**D. As a person in shock.**

RICE stands for… (Page 39 First Aid MBP)

26. R___**REST**_____
27. I____**ICE**_____
28. C___**COMPRESSION**___
29. E___**ELEVATION**_____

___ 30. Procedure for a venomous snake bite includes the following:
**A. Stay calm and get medical help.**
B. Apply an ice pack to the wound area.
C. Cut an "X" over the wound and suck the venom out.
D. Place a tourniquet between the bite and the heart.
E. All of the above.

TRUE or FALSE: (Circle correct answer)
You should stop CPR when… (Page 83 First Aid MBP)

31. **TRUE** or FALSE: An AED is ready to use.

32. **TRUE** or FALSE: You find an obvious sign of life, such as breathing.

33. **TRUE** or FALSE: You become too exhausted to continue.

34. **TRUE** or FALSE: The scene becomes unsafe.

35. **TRUE** or FALSE: Another trained responder or EMT arrives to take over.

___ 36. Which of the following is not a part of the RICE Method for treating

muscle, bone, and joint injuries?

A. Rest
B. Ice
**C. Collect**
D. Elevate

___ 37. What is the “FAST” check in First Aid?

**A. A quick way of checking if a victim is having a stroke**
B. A way of checking if a victim has drowned
C. A way of checking if a victim is having a seizure
D. A way of checking if the person has a headache

___ 38. How can you stop a nosebleed?

A. Taking a deep breath
B. Applying ice to the nose
**C. Pinching the nostrils together while sitting with the head slightly forward**
D. Sneezing the blood out

___ 39. What is the first aid treatment for someone having an asthma attack?

A. Tell the person to run around quickly
B. Give the person some smelling salts
**C. Assist the person in using their prescription inhaler**
D. Assist the person with their epinephrine auto-injector

___ 40. Who is Bruce Wayne and is known as The Caped Crusader?

A. Superman
B. The Flash
C. The Human Torch
**D. Batman**