

PATROL NAME: _____ **TROOP #** _____
SCORE: _____ **of out 50**

NORTH VALLEY DISTRICT 2017 FIRST AID MEET FIRST AID TEST

Write the answer in the space provided & circle the correct answer (2 pts each).

- ____ 1. Which of the following is usually NOT the cause of a puncture wound?
A. Gun Shot
B. Pins or needles
C. Razor blades
D. Splinters
E. Fish Hook
- ____ 2. Added in the contact list of many cell phones, what does the acronym ICE stand for?

- ____ 3. How long should you wash your hands for?
A. 5 to 10 seconds
B. 2 to 3 minutes
C. 45 to 55 seconds
D. 15 to 20 seconds
E. at least 1 hour
- ____ 4. A strain occurs when _____ are overstretched.
A. Muscles
B. Nerves
C. Ligaments
D. Veins
E. Arteries
- ____ 5. True or False: A hot spot is a sign that a blister may be forming.
- ____ 6. True or False: You should treat all accident victims for shock.
- ____ 7. True or False: A brown recluse spider is known by its distinctive fiddle marking.
- ____ 8. To remove a tick do one of the following:
A. Use the heat from a match to force the tick out.
B. Use petroleum jelly and smother the tick to force it out.
C. Use a credit card and scrape it off.
D. Use tweezers to grasp the tick and gently pull it out.
- ____ 9. True or False: Hypothermia can not occur in the summer.
- ____ 10. True or False: A heart attack and a cardiac arrest are the same thing.

- ___ 11. True or False: Tourniquets should never be used and Scouts should not learn how to make and use them.
- ___ 12. Cause(s) of anaphylactic shock may include:
- A. Peanuts
 - B. Latex
 - C. Jellyfish Stings
 - D. All of the above
- ___ 13. True or False: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.

For #14 & 15 Match the letter with the appropriate number

- ___ 14. Closed Fracture A. Compound Fracture (bone sticks out)
- ___ 15. Open Fracture B. Simple Fracture (bone does not stick out)

For #16-18 Match the letter with the appropriate number

- ___ 16. 1st Degree burn A. Superficial Burn
- ___ 17. 2nd Degree burn B. Partial-Thickness Burn
- ___ 18. 3rd Degree burn C. Full-Thickness Burn

- ___ 19. The ditty “red and black-friendly jack; red and yellow-deadly fellow” refers to which snake?
- A. Cottonmouth moccasin
 - B. Copperhead
 - C. Eastern Rattlesnake
 - D. Coral Snake
- ___ 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, and dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
- A. Heat Stroke
 - B. Heart Attack
 - C. Hypothermia
 - D. Heat Exhaustion
- ___ 21. An example of an abrasion is:
- A. A black and blue mark
 - B. A pulled muscle
 - C. A cut or scrape
 - D. A partial amputation
- ___ 22. Where was the 2017 National Scout Jamboree held?
- A. Washington, DC
 - B. Philmont Scout Ranch, New Mexico
 - C. Fort A.P. Hill, Virginia
 - D. Orlando, Florida
 - E. Summit Bechtel Reserve, West Virginia

- _____ 23. The 2019 World Scout Jamboree will take place at the Summit Bechtel Reserve in
_____ West Virginia. It will be hosted by three Scouting Organizations in North America.
_____ Which three Scouting Organizations are they? **(2 points each)**
- A. Association de Scouts de Mexico (Mexico)
 - B. Scout Association (England)
 - C. Scouts Canada (Canada)
 - D. Boy Scouts of America (USA)
 - E. Scoutisme Francais (France)
 - F. Girl Scouts of the USA (USA)
 - G. Scout Association of Japan (Japan)

TIE BREAKER QUESTION

In the event of a Tie in the top 5, the following question will be used as a Tiebreaker.

What do the following acronyms mean?

CPR

AED

EMS
