

LEHIGH DISTRICT

2024 FIRST AID MEET

Scenario #4: Choking

Scenario: The patrol is in the dining hall sitting at the Roundtable enjoying an elegant camp meal, which includes dragon roast, carrots, cabbage, onions, and bread. King Foof interrupts everyone for a good old song, when Sir Oscar of the Outpost starts choking. Your patrol springs into action to rescue Sir Oscar of the Outpost.

There is no need to send anybody for help, as help was already notified.

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PATROL NAME: _____ TROOP # _____
SCORE: _____ of out 50

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NOTE: Victim should be coughing until the Judge tells them to stop.

ACTION TAKEN	POSSIBLE POINTS	POINTS EARNED
VICTIM	5 Max pts	
1. A member of the patrol must demonstrate the International Sign of Choking. The judge may ask that a patrol member demonstrate.	5	
RESCUER	45 Max pts	
1. Rescuer asks if he can help. (Rescuer does not need to identify himself because of knowing each other.)	5	
1. Rescuer sends someone for help or has someone call.	5	
2. The Rescuer encourages the victim to cough. (Judge: Tell the victim they can not cough.)	5	
3. The Rescuer stands behind the victim and places one foot between the victim's legs to have proper balance in case the victim becomes unconscious.	5	
4. The Rescuer makes a flat area on the hand to go against the victim (a fist with the thumb inside or outside is ok, as long as the Rescuer creates a flat surface).	5	
5. The Rescuer places his hand (with the flat surface) in the area of the belly button with his other hand wrapped around the hand against the victim.	5	
6. The Rescuer administers 5 abdominal thrusts (Rescuer must only simulate, not actually perform it.)	5	
7. JUDGE: Ask how long you continue abdominal thrusts? RESCUER: Should state (a) until the object comes out and they start breathing (b) until they go unconscious (pass out) (c) until medical help arrives.	10 (3 pts each; 10 pts if all 3 correct)	
NOTE: Some organizations teach 5 abdominal thrusts and 5 back blows; If back blows demonstrated, do not deduct or add points. Back blows do not have to be demonstrated.		
TOTAL POINTS	50	

JUDGE'S NAME (PRINT): _____
JUDGE'S SIGNATURE: _____ JUDGE'S AFFILIATION: _____