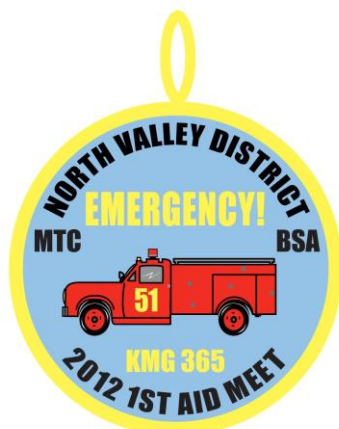


PATROL NAME: _____ TROOP # _____

PATROL LEADER'S NAME: _____

SCORE: _____ of out 54



NORTH VALLEY DISTRICT 2012 FIRST AID MEET FIRST AID TEST

Write the answer in the space provided & circle the correct answer (2 pts each).

- ____ 1. Which of the following is usually NOT the cause of a puncture wound?
- A. Gun Shot
 - B. Pins or needles
 - C. Razor blades
 - D. Splinters
 - E. Fish Hook
- ____ 2. Added in the contact list of many cell phones, what does the acronym ICE stand for?
- _____
- ____ 3. How long should you wash your hands for?
- A. 5 to 10 seconds
 - B. 2 to 3 minutes
 - C. 45 to 55 seconds
 - D. 15 to 20 seconds
 - E. at least 1 hour
- ____ 4. A strain occurs when _____ are overstretched.
- A. Muscles
 - B. Nerves
 - C. Ligaments
 - D. Veins
 - E. Arteries
- ____ 5. True or False: A hot spot is a sign that a blister may be forming.
- ____ 6. True or False: You should treat all accident victims for shock.
- ____ 7. True or False: A brown recluse spider is known by its distinctive fiddle marking.
- ____ 8. True or False: Hypothermia can only occur in the winter.
- ____ 9. True or False: A heart attack and a cardiac arrest are the same thing.

- ___ 10. To remove a tick, do one of the following:
A. Use the heat from a match to force the tick out.
B. Use petroleum jelly and smother the tick to force it out.
C. Use a credit card and scrape it off.
D. Use tweezers to grasp the tick and gently pull it out.
- ___ 11. Cause(s) of anaphylactic shock may include:
A. Peanuts
B. Latex
C. Jellyfish Stings
D. All of the above
- ___ 12. True or False: When someone is having a seizure you should stick something in their mouth to prevent them from swallowing their tongue.
- ___ 13. True or False: Tourniquets should never be used and Scouts should not learn how to make and use them.

For #14 & 15 Match the letter with the appropriate number

- ___ 14. Closed Fracture A. Compound Fracture (bone sticks out)
- ___ 15. Open Fracture B. Simple Fracture (bone does not stick out)

For #16-18 Match the letter with the appropriate number

- ___ 16. 1st Degree burn A. Superficial Burn
- ___ 17. 2nd Degree burn B. Partial-Thickness Burn
- ___ 18. 3rd Degree burn C. Full-Thickness Burn

- ___ 19. The ditty "red and black-friendly jack; red and yellow-deadly fellow" refers to which snake?
A. Cottonmouth moccasin
B. Copperhead
C. Eastern Rattlesnake
D. Coral Snake
- ___ 20. A person that has pale and clammy skin, is suffering from nausea, tiredness, and dizziness, and is complaining of a headache, muscle cramps, and weakness may be suffering from:
A. Heat Stroke
B. Heart Attack
C. Hypothermia
D. Heat Exhaustion
- ___ 21. An example of an abrasion is:
A. A black and blue mark
B. A pulled muscle
C. A cut or scrape
D. A partial amputation

- ___ 22. The Jaws of Life refers to a tool that is used for:
- A. Opening a victim's airway
 - B. Removing splinters and other foreign bodies from a person
 - C. Extricating victims from a car accident
 - D. A tool to open a seizure patient's mouth
- ___ 23. A sphygmomanometer is a device used to get a patient's
- A. Pulse
 - B. Respirations
 - C. Blood Pressure
 - D. Blood sugar level
- ___ 24. On the television show Emergency!, Station #51 housed what two fire trucks.
___ (1 pt each)
- A. Ladder Truck
 - B. Rescue Squad
 - C. Tender/Tanker
 - D. Engine/Pumper
 - E. Fire Police Truck
 - F. Chief's Vehicle
- ___ 25. TRUE OR FALSE: On the television show Emergency!, Station #51 was actually the real life Station #127.
- ___ 26. On the television show Emergency!, what were the names of the two Firefighter-Paramedics? (1 point each)
- A. Firefighter-Paramedic Johnny Gage
 - B. Firefighter-Paramedic Jimmy Page
 - C. Firefighter-Paramedic Robert Dodge
 - D. Firefighter-Paramedic Roy DeSoto
- ___ 27. The government agency commonly referred to FEMA is
- A. The Federal Experimental Management Agency
 - B. The First Emergency Manpower Agency
 - C. The Federal Emergency Management Agency
 - D. The Federal Emergency Manpower Association

TIE BREAKER QUESTIONS

In the event of a Tie in the top 5, the following question will be used as a Tiebreaker.

What do the following acronyms mean?

CPR _____

AED _____

EMS _____

A-B-C-D _____

(An easy way to recall the order of treatment in a life-threatening emergency)