LEHIGH DISTRICT 2026 FIRST AID MEET

Scenario #2: The Pony Express

Scenario: After taking care of Paul Jennings, your patrol checks the Omni and finds that the light is green. Shortly after checking the Omni, the patrol flies through space and lands along a dirt path. The patrol looks around and sees a wooden sign that points to the east stating Carson City 10 miles. The Omni states that it is November 7, 1860. It is cloudy and cool (about 60° F).

A patrol member hears a horse around the bend. Upon checking around the bend, the patrol finds a horse with its rider laying on the ground shivering. The rider is wearing clothing like a cowboy that you've seen on old western TV shows and movies.

The rider states that he was thrown from his horse about an hour ago and hurt his left ankle. The young boy states that he is a rider with the Central Overland California & Pikes Peak Express Company, to wit; a patrol member realizes that the boy is a Pony Express rider.

The rider, William Tough, is wet and cold from a recent rainstorm and his left ankle is swollen but does not appear to be broken. The rider can put pressure on the ankle, however; he does have pain when bending it.

The rider states he must deliver news that Abraham Lincoln was just elected President of the United States to Placerville, California.

PATROL NAME: _____ TROOP #_____

SCORE: _____ out of 90

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ACTION TAKEN	POSSIBLE POINTS	POINTS EARNED
TREAT FOR HYPOTHERMIA	**40 Max pts**	
1. Removes clothing	5	
2. Wraps victim in blankets, sleeping bag, jackets, etc.	5	
3. Has victim drink warm liquids (soup, water, fruit juices)	5	
4. Uses warm water bottles or heat packs	5	
5. Places heat packs in the armpit area	5	
6. Places heat packs in the groin area	5	
7. Watches the person for change in condition	5	
8. Has victim put dry clothing on	5	
TREAT SPRAINED ANKLE	**30 Max pts**	
1. Does not remove the boot	10	
2. Wrap the ankle and boot with a bandage, neckerchief, or some other strip of cloth. The patrol may splint the ankle, as well.	10	
3. The patrol elevates the ankle	10	
4. Ice-whether the patrol puts ice on it is up to them. No points will be awarded in either case.		
QUESTION	**20 Max pts**	
Ask the patrol what "RICE" stands for		
R - REST	5	
I - ICE	5	
C - Compression	5	
E - Elevation	5	
TOTAL POINTS	**90**	

JUDGE'S NAME (PRINT): _____

JUDGE'S SIGNATURE: _____ JUDGE'S UNIT: _____